

# The Science of Sustainable Sites

## Digging Deeper into Soil

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Center for Urban Horticulture



# THE SUSTAINABLE SITES INITIATIVE™

An interdisciplinary effort to create voluntary national guidelines and a rating system for sustainable land design, construction and maintenance practices for landscapes of all types, with or without buildings



AMERICAN SOCIETY OF  
LANDSCAPE ARCHITECTS  
*ASLA Library & Education  
Advocacy Fund*



Lady Bird Johnson  
**Wildflowercenter**  
THE UNIVERSITY OF TEXAS AT AUSTIN



UNITED STATES  
BOTANIC GARDEN

# Guiding Principles

- Do no harm
- Use the precautionary principle
- Design with nature and culture
- Use a decision-making hierarchy of preservation, restoration and regeneration
- Provide regenerative systems as intergenerational equity
- Support a living process
- Use a systems thinking approach
- Use a collaborative and ethical approach
- Maintain integrity in leadership and research
- Instill a sense of stewardship

















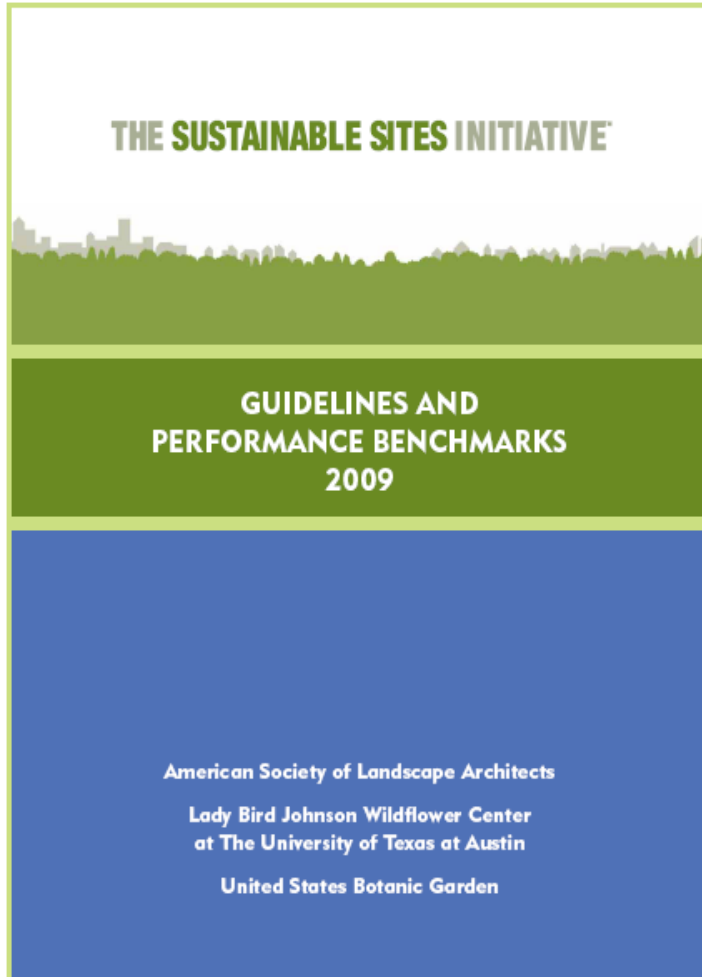


# Disturbed soils in urban areas

- Topsoil layer removed
- Compaction
- Subsoil (or worse) fill layers.
- Debris or toxins?



# Credit Categories



Site Selection 21 poss. points  
*Preserve existing resources and repair damaged systems*

Pre-Design Assessment and Planning 4 poss. points  
*Plan for sustainability from the onset of the project*

Site Design – Water 44 poss. points  
*Protect and restore site's processes and systems*

Site Design – Soil and Vegetation 51 poss. points  
*Protect and restore site's processes and systems*

Site Design – Materials Selection 36 poss. points  
*Reuse/recycle and support sustainable production practices*

Site Design – Human Health and Well-Being  
*Build communities and a sense of stewardship* 32 poss. points


Construction 21 poss. points  
*Minimize effects of construction-related activities*

Operations and Maintenance 23 poss. points  
*Maintain the site for long-term sustainability*

Monitoring and Innovation 18 poss. points  
*Reward exceptional performance*

# Credit Categories

**THE SUSTAINABLE SITES INITIATIVE**



**GUIDELINES AND PERFORMANCE BENCHMARKS  
2009**

American Society of Landscape Architects  
Lady Bird Johnson Wildflower Center  
at The University of Texas at Austin  
United States Botanic Garden

**Site Selection** 21 poss. points

*Preserve existing resources and repair damaged systems*

**Pre-Design Assessment and Planning** 4 poss. points

*Plan for sustainability from the onset of the project*

*Protect and restore site's processes and systems*

**Site Design – Soil and Vegetation** 51 poss. points

*Protect and restore site's processes and systems*

**Site Design – Materials Selection** 36 poss. points

*Reuse/recycle and support sustainable production practices*

**Construction** 21 poss. points

*Minimize effects of construction-related activities*

*Maintain the site for long-term sustainability*

**Monitoring and Innovation** 18 poss. points

*Reward exceptional performance*

# Pre-Design Assessment



## Pre-Design Assessment and Planning 4 possible points

**Plan for sustainability from the onset of the project**

**Prerequisite 2.1:** Conduct a pre-design site assessment and explore opportunities for site sustainability

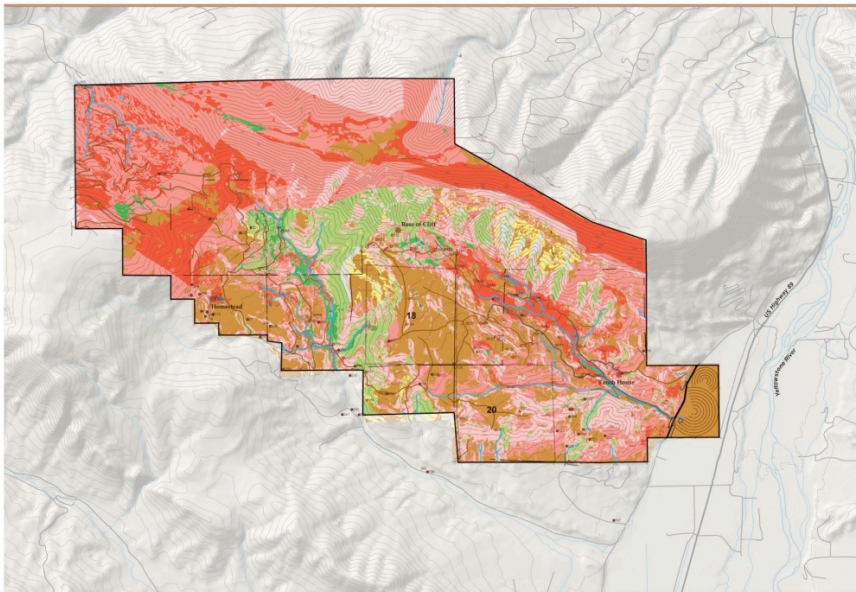
**Prerequisite 2.2:** Use an integrated site development process

Credit 2.3: Engage users and other stakeholders in site design (4 points)



PREREQUISITE 2.1

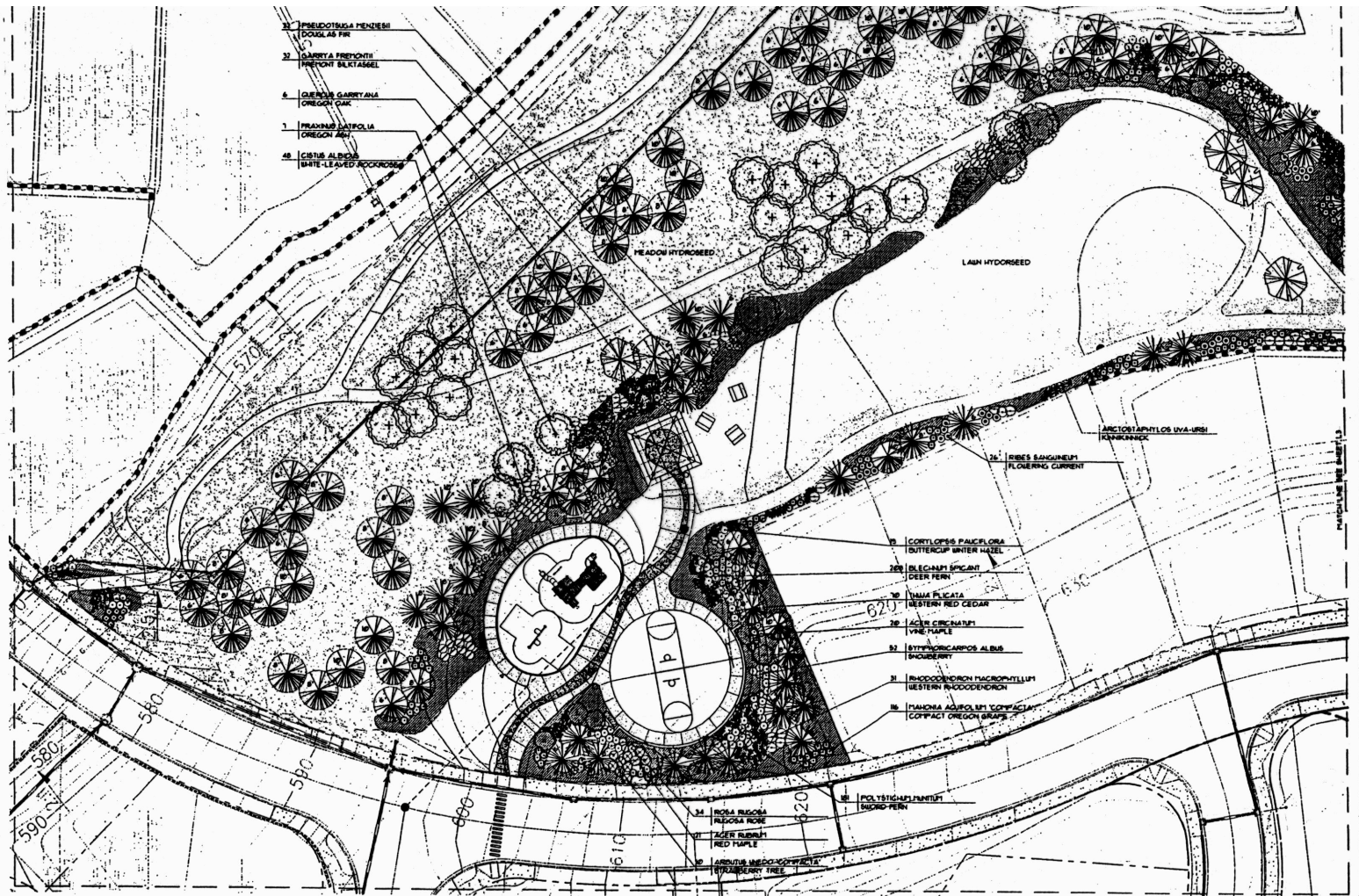
Conduct a pre-design site assessment and explore opportunities for site sustainability



Development Suitability and Natural Resources Preservation Comparison

Technologies and Strategies:

- Use an integrated design team to thoroughly assess the site
- Consider sustainable design options linked to credit options
- Use SITES worksheet to ensure adequate coverage



PLAY AREA PLANTING

Suburban Residential Park

Sheet 1 of 2



# Include a Soil Test !

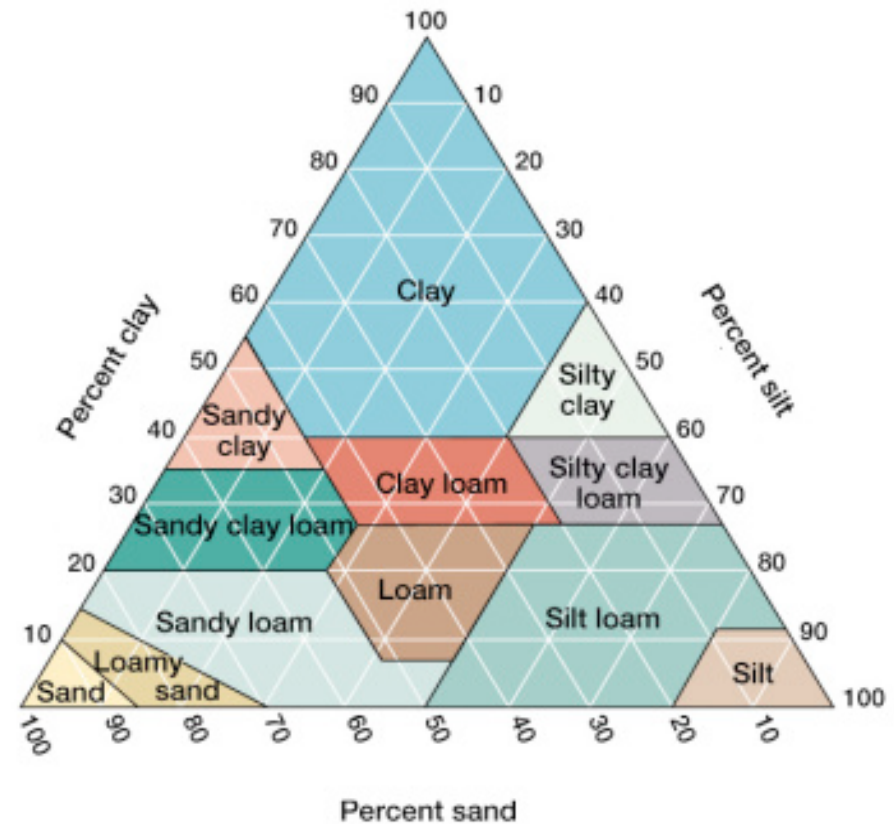
- pH
- % organic matter
- Extractable Nutrients: P, K, Ca, Mg, Fe, Mn, Zn, Cu, B
- Extractable Heavy Metals: Pb, Cd, Ni, Cr
- Extractable Aluminium
- Cation Exchange Capacity





# Other Useful Soil Tests

- Soil Texture
- Total Nitrogen
- Total C, H, N
- Bulk Density





# Site Design – Soils and Vegetation



## Site Design—Soil and Vegetation 51 possible points

### Protect and restore processes and systems associated with a site's soil and vegetation

**Prerequisite 4.1:** Control and manage known invasive plants found on site

**Prerequisite 4.2:** Use appropriate, non-invasive plants

**Prerequisite 4.3:** Create a soil management plan

Credit 4.4: Minimize soil disturbance in design and construction (6 points)

Credit 4.5: Preserve all vegetation designated as special status (5 points)

Credit 4.6: Preserve or restore appropriate plant biomass on site (3–8 points)

Credit 4.7: Use native plants (1–4 points)

Credit 4.8: Preserve plant communities native to the ecoregion (2–6 points)

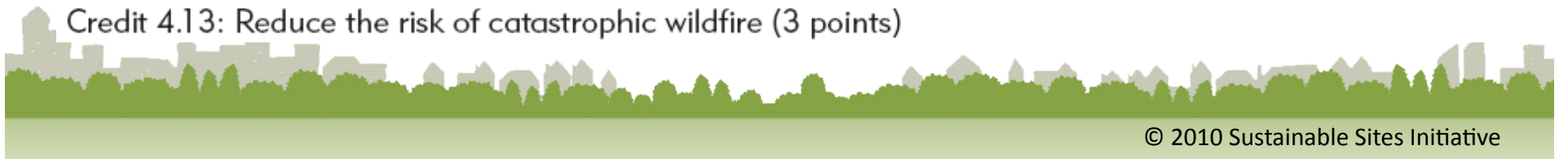
Credit 4.9: Restore plant communities native to the ecoregion (1–5 points)

Credit 4.10: Use vegetation to minimize building heating requirements (2–4 points)

Credit 4.11: Use vegetation to minimize building cooling requirements (2–5 points)

Credit 4.12: Reduce urban heat island effects (3–5 points)

Credit 4.13: Reduce the risk of catastrophic wildfire (3 points)



PREREQUISITE 4.3

Create a soils management plan

*Technologies and Strategies:*

Develop and communicate to construction contractors a SMP prior to construction to:

- limit disturbance
- assist soil restoration efforts
- define the location and boundaries of all soil and vegetation and protection zones



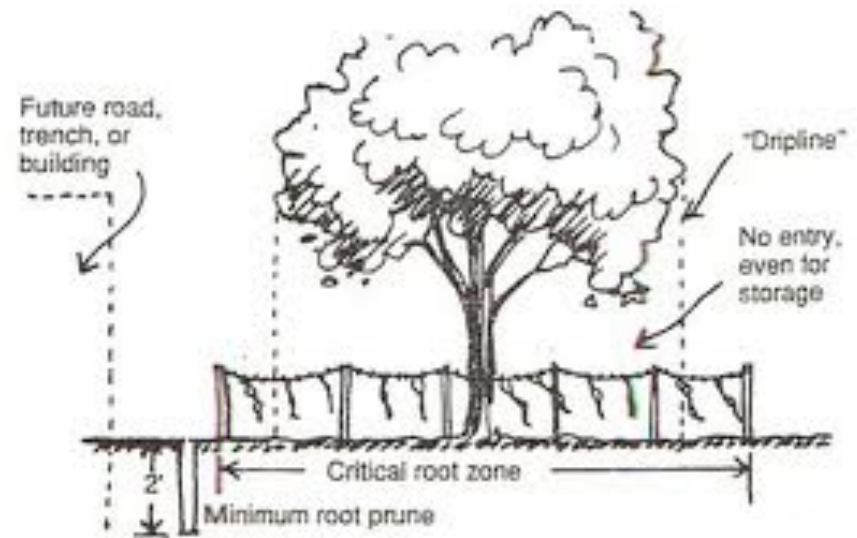
# Vegetation and Soil Protection Zones

- Construction impacts will not decrease the functionality of the protected zone
- VSPZ shall be protected with a fence or other secure boundary
- All construction personnel shall be educated about the VSPZ and the CONSEQUENCES of not respecting these areas
- VSPZ can encompass a single tree or a plant community and its associated soils
- No more than 10% of the area shall contain minimal impact development such as a trail, picnic area or boardwalk – BE CAREFUL HERE!!!
- Provide ongoing maintenance and monitoring of these areas for long term success





# We Protect Trees





**Model SOIL MANAGEMENT PLAN for BMP T5.13**  
*(available as MS Word file at www.SoilsforSalmon.org)*

**PROJECT INFORMATION** Page # \_\_\_ of \_\_\_ pages  
 Complete all information on page 1; only site address and permit number on additional pages.

Site Address / Lot No.:	
Permit Type:	Permit Number:
Permit Holder:	Phone:
Mailing Address:	
Contact Person:	Phone:
Plan Prepared By:	

**ATTACHMENTS REQUIRED** *(Check off required items that are attached to this plan)*

<input type="checkbox"/> Site Plan showing, to scale:	<input type="checkbox"/> Areas of undisturbed native vegetation (no amendment required)
	<input type="checkbox"/> New planting beds and turf areas (amendment required)
	<input type="checkbox"/> Type of soil improvement proposed for each area
<input type="checkbox"/> Soil test results (required if proposing custom amendment rates)	
<input type="checkbox"/> Product test results for proposed amendments	

AREA # \_\_\_\_\_ *(should match Area # on Site Plan)*

PLANTING TYPE <input type="checkbox"/> Turf <input type="checkbox"/> Undisturbed native vegetation		
<input type="checkbox"/> Planting Beds <input type="checkbox"/> Other: _____		
SQUARE FOOTAGE OF THIS AREA: _____ square feet		
SCARIFICATION	_____ inches (depth) of scarification needed to achieve finished total 12" loosened depth.	
<input type="checkbox"/> Subsoil will be scarified		
PRE-APPROVED AMENDMENT METHOD:	_____ inches of compost or imported topsoil applied	PRODUCT: _____
<input type="checkbox"/> Topsoil import	X <u>3.1</u> <i>(conversion factor, inches to cubic yards)</i>	_____
<input type="checkbox"/> Amend with compost	_____ = cu. yards per 1,000 sq. ft.	QUANTITY: _____ CU. YDS.
<input type="checkbox"/> Stockpile and amend	X _____,000s sq.ft. in this area	
( _____ cu. yds. stockpiled)	_____ = cubic yards of amendment → → → →	<i>(needed to cover this area to designated depth)</i>
CUSTOM AMENDMENT	<b>Attach test results and calculations.</b>	
<input type="checkbox"/> Topsoil import	_____ inches organic matter or topsoil import	PRODUCT: _____
<input type="checkbox"/> Topsoil & compost lift	X <u>3.1</u>	_____
<input type="checkbox"/> Amend	_____ = cu. yards / 1,000 sq. ft.	QUANTITY: _____ CU. YDS.
<input type="checkbox"/> Stockpile and amend	X _____,000s sq.ft. in this area	
( _____ cu. yds. stockpiled)	_____ = cubic yards of amendment → → → →	
MULCH	_____ ,000 sq.ft.	PRODUCT: _____
	X <u>6.2</u> <i>(conversion, to give 2 inch mulch depth)</i>	_____
	_____ = cubic yards of mulch → → → →	QUANTITY: _____ CU. YDS.

**TOTAL AMENDMENT/TOPSOIL/MULCH FOR ALL AREAS** *(complete on page 1 only, totaling all areas/pages in this Plan)*

<input type="checkbox"/> Product #1: _____	<input type="checkbox"/> Quantity: _____ cu. yds.
<input type="checkbox"/> Test Results: % organic matter _____ C:N ratio <25:1 (except mulch, or <35:1 for native plants)	"stable" (yes/no)
<input type="checkbox"/> Product #2: _____	<input type="checkbox"/> Quantity: _____ cu. yds.
<input type="checkbox"/> Test Results: % organic matter _____ C:N ratio <25:1 (except mulch, or <35:1 for native plants)	"stable" (yes/no)
<input type="checkbox"/> Product #3: _____	<input type="checkbox"/> Quantity: _____ cu. yds.
<input type="checkbox"/> Test Results: % organic matter _____ C:N ratio <25:1 (except mulch, or <35:1 for native plants)	"stable" (yes/no)

Date:	Inspector:	Approved:	Revisions Required:

COMMENTS:



# Soil Testing can help with Site Sustainability

- Over fertilizing can lead to nutrient runoff
- Too much compost or mulch can suffocate existing vegetation
- Calculating from a real baseline can save time and money



**NO SOIL  
MANAGEMENT  
PLAN!!!**





# Site Design – Materials Selection



## Site Design—Materials Selection **36 possible points**

### Reuse/recycle existing materials and support sustainable production practices

**Prerequisite 5.1:** Eliminate the use of wood from threatened tree species

Credit 5.2: Maintain on-site structures, hardscape, and landscape amenities (1–4 points)

Credit 5.3: Design for deconstruction and disassembly (1–3 points)

Credit 5.4: Reuse salvaged materials and plants (2–4 points)

Credit 5.5: Use recycled content materials (2–4 points)

Credit 5.6: Use certified wood (1–4 points)

Credit 5.7: Use regional materials (2–6 points)

Credit 5.8: Use adhesives, sealants, paints, and coatings with reduced VOC emissions (2 points)

Credit 5.9: Support sustainable practices in plant production (3 points)

Credit 5.10: Support sustainable practices in materials manufacturing (3–6 points)



# Site Design – Materials Selection



## Site Design—Materials Selection **36 possible points**

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Credit 5.7: Use regional materials (2–6 points)

Credit 5.8: Use adhesives, sealants, paints, and coatings

Credit 5.9: Support sustainable practices in plant production

Credit 5.10: Support sustainable practices in material selection

Use these criteria when selecting topsoil, soil amendments and fertilizers. Buy from local sources when possible



# Construction



## Minimize the Effects of Construction Related Activities

- Create and Implement Erosion, Sedimentation and Pollution Control Measures
- Prevent loss of soil by storm water runoff or wind erosion
- Prevent polluting the air with dust and particulate matter
- Prevent runoff and infiltration of other pollutants from the construction site such as solvents, hazardous chemical runoff, sealants – DISPOSE OF PROPERLY





# Minimizing Soil Loss

- Use compost blankets, berms and socks



# Construction



## Restore Soils Disturbed during Construction

- If soil reserved for later use it must be used for the same purpose
- Add organic matter for optimal plant growth and water retention
- Amend at least the top 12” of soil with organic matter
- Ensure that bulk density (soil compaction) does not inhibit plant growth



# Organic matter additions

Know your source!

- Earthy smell - not sour, stinky, or ammonia
- Brown to black color
- Uniform particle range
- Stable temperature (does not get very hot if re-wetted)
- Not powdery or soaking wet





# Mulches

- Retains soil moisture
- Helps moderate soil temperature
- Feeds the soil nutrient pool
- Helps prevent some weed germination



# Construction



## Restore Soils from previous development

- Extra credit for restoring soil functions on site
- Contribute to Soil Regeneration
- Increase soil functional area for increased healthy plant growth
- Many extra points given for soil and habitat restoration in the Sustainable SITES framework



# Sustainable Sites Initiative Summary

- Conduct a thorough site analysis to guide construction and restoration practices
- Identify Vegetation and Soil Protection Zones
- Communicate all goals and procedures to construction contractors and crew
- Restore soil disturbed during construction
- Restore soils disturbed in previous development





# Current Soil Research

Method of Soil Evaluation  
developed in Torino, Italy at the  
Università di Torino

Published in the Journal of  
Landscape and Urban Planning  
November 2008



## A method for soil environmental quality evaluation for management and planning in urban areas

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### ARTICLE INFO

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Soil quality indicators  
Soil functions  
Urban planning  
Sustainable urban design

### ABSTRACT

Soil represents a complex medium, which makes it difficult to evaluate its quality. In the past, soil quality evaluation was biased towards agricultural production rather than for purposes related to the broad range of functions and services that it performs. Soil function and soil quality in the urban environment differ due to the different needs and roles of soil within the diversity of urban land uses. The quality of urban soil should be evaluated to support public services for good environmental quality management. Planners should also adjust their decisions towards more sustainable urban design. Simple and applicable soil quality evaluation methods accompanied by an operations toolkit that could be used by laypeople are needed.

This paper discusses soil functions, soil quality indicators, pedotransfer functions, and urban soil quality. It presents an urban soil quality evaluation method for different land uses within one particular evaluation system. The calculation of three one-value measures of soil quality are introduced: index of soil quality (expresses soil quality/suitability for a particular land use), soil environmental quality index (environmental value of soil) in terms of performing the crucial ecological functions of soil, and land use change index (land use planning impact assessment on soil resources). The use of the method is described in two procedures: urban soil quality control and soil evaluation for urban planning.

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### 1. Introduction

Soil is a vital natural resource which performs key environmental, economic, and social functions. It is non-renewable within human time-scales. It develops slowly and changes gradually over time, showing great spatial variability. Soil resources are under increasing pressure and its quality is decreasing. Erosion, a decline in organic matter content and biodiversity, contamination, sealing, compaction, salinisation, and landslides have been identified as the main threats to soil (Andrews and Carroll, 2002; Commission of the European Communities [EC], 2002). Of these threats, sealing and contamination predominate in urban and adjacent areas. Urban sprawl and land consumption is recognised as one of the major threats to soil in Europe.

Urban planning practices should integrate soil quality evaluation procedures to achieve rational urban planning with regards to soil consumption and to ensure less destructive methods with

regards to the capacity of the soil to perform its environmental functions. To achieve effective management of the quality of the urban ecosystem, it is important to develop soil quality evaluation methods adapted for use by laypeople. The methods should facilitate effective soil evaluation, and enable planners to recognise the environmental quality of soil, its properties, spatial location, and extent in urban and suburban areas. The outputs of the methods should be developed to the level where they can be easily integrated in existing planning procedures and used in local communities with little adaptation by local experts. The application of the method should yield information applicable to actions that will be required by national and forthcoming European legislation.

The aim of this paper is to present a method for the evaluation of soil quality in city environments to achieve: (i) adequate performance of environmental functions of soil in cities, (ii) healthier environmental and pleasant living conditions for citizens; and (iii) more sustainable spatial planning and development of cities. An additional, but still important, goal is to contribute information that will help bridge the communication gap between soil scientists, urban planners, and decision makers.

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- This method takes many soil quality indicators into consideration and gives soil a 'report card'
- Urban planners and gardeners can understand the soils they have and try to fit land uses to those soils
- It is a way to conserve 'good soils' and avoid potentially harmful land uses on degraded soils



Appendix D. Predefined set of required SQJ quality class values and IW values for different urban land uses (an example)

Land use	SQ1 Heavy metal contamination	IW1 Weight: Heavy metal contamination	SQ2 Contamination with organic	IW2 Weight: Contamination with organic pollutants	SQ3 Soil pH	IW3 Weight: Soil pH	SQ4 Soil organic matter content	IW4 Weight: Soil organic matter content	SQ5 Soil texture	IW5 Weight: Soil texture	SQ6 Buffering, filtering and
Residential areas	3	2	3	2	3	2	4	3	3	2	4
Family house areas	4	2	3	2	3	2	4	3	3	2	4
Children's playgrounds	5	3	5	3	4	3	5	3	4	3	5
Sport and leisure areas	4	3	4	3	3	2	4	3	4	3	4
Urban agriculture, allotment gardens	5	3	5	3	4	3	5	3	4	3	5
Parks	3	2	3	2	3	2	3	2	3	2	4
Ornamental gardens	2	2	2	2	3	3	4	3	3	3	4
Commercial areas	2	2	2	2	4	3	4	3	4	3	3
Shopping centres	2	2	2	2	4	3	4	3	3	2	3
Low emission industry	2	2	2	2	4	3	3	2	3	2	4
High emission industry	1	1	1	1	3	2	3	2	2	3	5
Roadsides, crossroads	1	1	1	1	3	3	4	3	3	1	4
General agriculture	4	2	4	2	4	2	4	3	4	3	4
Good agricultural area	5	3	5	3	5	2	5	3	5	3	5
Medium quality agricultural area	4	3	4	3	4	2	4	3	4	3	4
Low quality agricultural area	3	3	3	3	3	2	3	3	4	3	3
Meadows/grassland area	3	3	3	3	3	2	3	2	3	2	3

Land use	IW6 Weight: Buffering, filtering and decomposing capacity	SQ7 General soil fertility/productivity	IW7 Weight: General soil fertility/productivity	SQ8 Soil permeability	IW8 Weight: Soil permeability	SQ9 Infiltration capacity	IW9 Weight: Infiltration capacity	SQ10 P, K nutrient status	IW10 Weight: P, K nutrient status	SQ11 Ground water recharge	IW12 Weight: Ground water recharge
Residential areas	3	3	2	4	3	4	3	4	3	4	2
Family house areas	3	3	2	3	2	3	2	3	2	4	2
Children's playgrounds	3	3	2	3	3	3	3	3	3	5	2
Sport and leisure areas	3	3	2	4	3	4	3	4	3	5	2
Urban agriculture, allotment gardens	3	4	2	4	2	4	2	4	2	4	2
Parks	3	3	2	3	2	3	2	3	2	3	2
Ornamental gardens	3	3	3	3	3	3	3	3	3	3	2
Commercial areas	2	2	2	4	2	4	2	4	2	3	2
Shopping centres	3	3	2	4	3	4	3	4	3	3	2
Low emission industry	3	2	1	2	3	2	3	2	3	2	2
High emission industry	3	1	1	1	3	1	3	1	3	1	3
Roadsides, crossroads	3	3	2	2	2	2	2	2	2	2	1
General agriculture	3	4	3	5	2	4	2	4	2	4	2
Good agricultural area	3	5	3	5	2	4	2	5	2	5	2
Medium quality agricultural area	3	4	3	4	2	4	2	4	2	4	2
Low quality agricultural area	3	3	3	4	2	4	2	4	2	3	2
Meadows/grassland area	2	3	3	4	2	3	2	3	2	3	2

B. Wisthaler et al. / Landscape and Urban Planning 88 (2005) 81–94





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Family house areas	4	2	3	2	3	2	4	3	3	2	4
Children's playgrounds	5	3	5	3	4	3	5	3	4	3	5
Urban agriculture, allotment gardens	5	3	5	3	4	3	5	3	4	3	5
Ornamental gardens	2	2	2	2	3	3	4	3	3	3	4
Commercial areas	2	2	2	2	4	3	4	3	4	3	3
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High emission industry	1	1	1	1	3	2	3	2	2	3	5
Roadsides, crossroads	1	1	1	1	3	3	4	3	3	1	4
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Land use	IW6 Weight: Buffering, filtering and decomposing capacity	SQ7 General soil fertility/productivity	IW7 Weight: General soil fertility/productivity	SQ8 Soil permeability	IW8 Weight: Soil permeability	SQ9 Infiltration capacity	IW9 Weight: Infiltration capacity	SQ10 P, K nutrient infiltration status	IW10 Weight: P, K nutrient status	SQ11 Ground water recharge	IW12 Weight: Ground water recharge
Residential areas	3	3	2	4	3	4	3	4	3	4	2
Family house areas	3	3	2	3	2	3	2	3	2	4	2
Children's playgrounds	3	3	2	3	3	3	3	3	3	5	2
Urban agriculture, allotment gardens	3	4	2	4	2	4	2	4	2	4	2
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Roadsides, crossroads	3	3	2	2	2	2	2	2	2	2	1
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Medium quality agricultural area	3	4	3	4	2	4	2	4	2	4	2
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Meadows/grassland area	2	3	3	4	2	3	2	3	2	3	2

B. W. V. et al. / Landscape and Urban Planning 88 (2005) 21

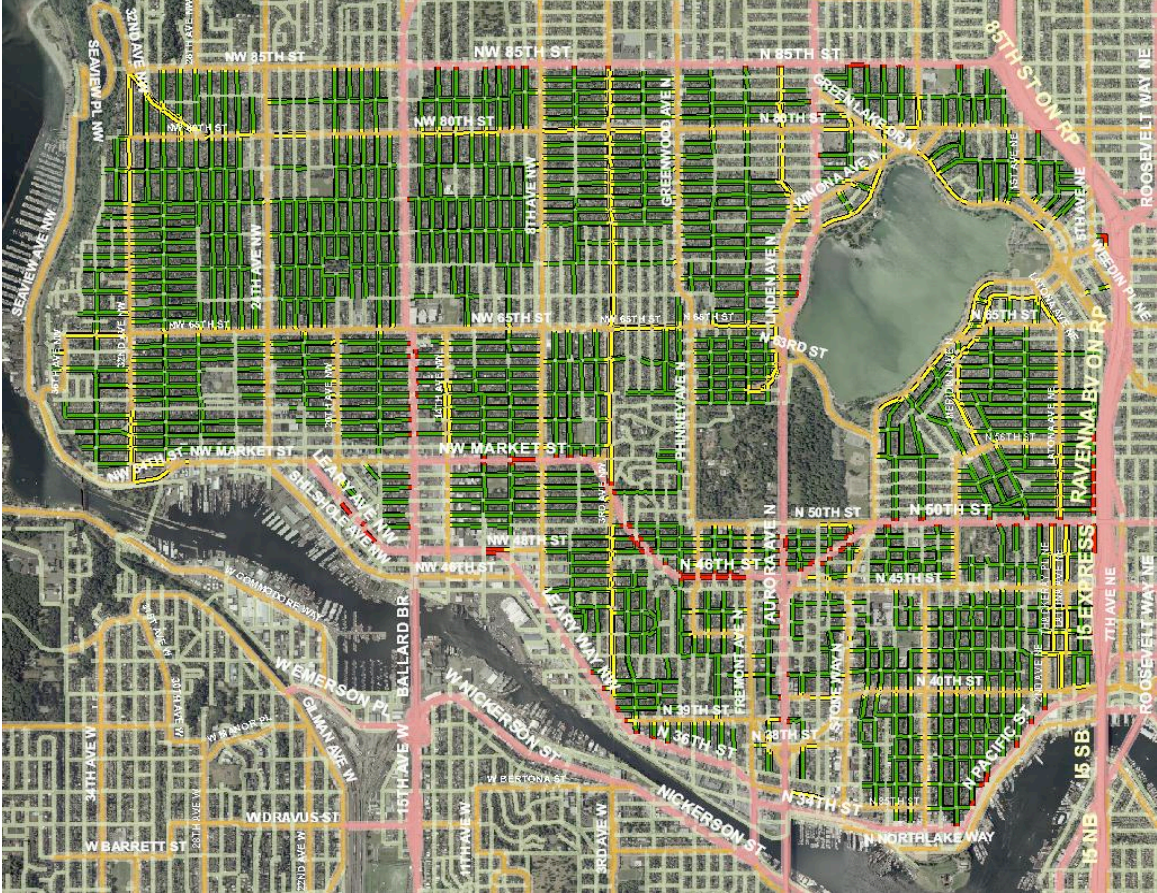


# Evaluation of Seattle Planting Strip Soil for Urban Agriculture Land Use and Urban Food Production

- Is the Parking Strip an appropriate place to grow vegetables for human consumption?
- Is soil contamination linked to traffic density and busy roads?



# Study Area





# Preliminary Results

- All soil samples are adequate in Phosphorus
- Parking strips do contain many 'healthy soil' examples
- Current soil best management practices can remediate poor soils
- 18 of 39 sites samples do show Pb levels over 250 ppm, the Washington State level for unrestricted land use
- TEST SOIL before planting a food garden



# Acknowledgements

- Thank you to:
  - David Mc Donald at Seattle Public Utilities
  - The team at the Sustainable Sites Initiative
  - The University of Washington Botanic Gardens



# Links to Useful Soil Specifications:

Guidelines Manual for Implementing WDOE Soil Quality & Depth BMP

(includes APWA & CSI specs)

[www.soilsforsalmon.org](http://www.soilsforsalmon.org) or [www.buildingsoil.org](http://www.buildingsoil.org)

Puget Sound Partnership, LID Technical Manual

[www.psp.wa.gov/documents](http://www.psp.wa.gov/documents)

WsDOT “Soil Bioengineering” specs

<http://www.wsdot.wa.gov/Design/Roadside/>

Seattle “Natural Drainage Systems” projects & “Green Stormwater Infrastructure” specs

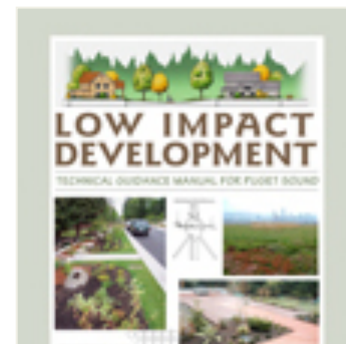
[www.seattle.gov/util/GreenInfrastructure](http://www.seattle.gov/util/GreenInfrastructure)

King County soil regs (in Grading code)

<http://your.kingcounty.gov/solidwaste/greenbuilding/site/soil-standard.asp>

City of Seattle soil regs (in Stormwater code)

<http://www.seattle.gov/dpd/Codes/StormwaterCode/CAMs/default.asp>





# Links to Useful Soil Specifications:

[www.sustainablesites.org](http://www.sustainablesites.org)

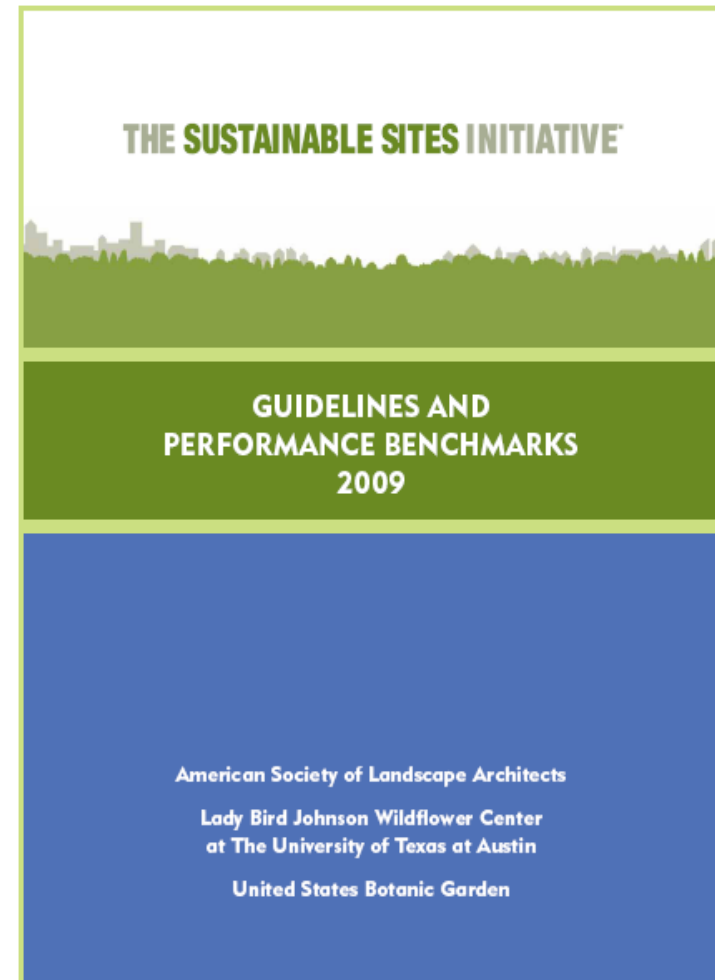
[www.BuildingSoil.org](http://www.BuildingSoil.org)

[www.SoilsforSalmon.org](http://www.SoilsforSalmon.org)

B. Vsrcaj, et al. A Method of Soil Quality  
Evaluation for management and planning  
in urban areas.

Landscape and

Urban Planning 88(2008)81–94



Questions?

